

# Teladoc Medical Experts

Helping you make informed  
medical decisions with confidence



Insurance

When you get a challenging diagnosis, it can be hard to know what to do next. If you have questions or doubts about a diagnosis, a treatment or the need for surgery, Teladoc's world-renowned medical experts can help.

Teladoc's ‡ services are available at no additional cost to you and your eligible\* dependents as part of your employer's RBC Insurance® Group Benefit Solutions plan. Get the right medical guidance when you need it most.

## How Teladoc can help

- **Expert Medical Opinion – double checking your diagnosis**  
Review of an existing diagnosis and treatment from a world-renowned expert to either confirm the diagnosis and treatment or recommend a change.
- **Care Finder – international expertise**  
Help accessing treatment from world-renowned experts outside of Canada.
- **Personal Health Navigator – quick information on your condition**  
Get a variety of information that's specific to your condition, including a website, articles and contacts for groups that can assist your medical needs.
- **Find a Doctor – access to Canadian specialists**  
Provides a list of experts in your area from Teladoc's expert network of over 50,000 physicians.

## Committed to helping you ease your mind

### Contact Teladoc when you:

- Are unsure about a diagnosis or need help deciding on a treatment option
- Need guidance on treatment for a mental health condition
- Have medical questions or concerns and want a leading expert's advice
- Would like an expert's second opinion on your condition
- Need assistance navigating the Canadian healthcare system
- Would like to access international expertise for your condition

**Note:** Under your employer's **RBC Insurance Group Benefit Solutions plan**, you and your eligible\* dependents have unlimited access to Teladoc for any medical condition or health concern you may have, at no additional cost. Any costs associated with medical treatments, travel and lodging for Find a Doctor or Care Finder if applicable are the responsibility of the employee or dependent.

Learn more about how Teladoc Health can help:  
Call **1-877-419-2378** or visit **teladoc.ca/rbcinsurance**

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